



Presbytery, Harrowden Road,  
Bedford. MK42 0SP

Parish Priest: ☎ 01234 342641

**Website:** <https://christthekingbedford.com>

**Parish Email:**

[parish.christthekingbedford@northamptondiocese.org](mailto:parish.christthekingbedford@northamptondiocese.org)

**Father Richard's Email:**

[frrichard.aladics@northamptondiocese.org](mailto:frrichard.aladics@northamptondiocese.org)

Hall Bookings: ☎ 01372 457651

Registered Charity Number: 234091

## MASSES AND INTENTIONS

**24<sup>th</sup> to 31<sup>st</sup> January 2026**

### Sat 24<sup>th</sup> Jan

10am to 10:45am Confessions available

6pm Mass: *Private intention, JS*

### Sun 25<sup>th</sup> Dec 3<sup>rd</sup> Sunday in Ordinary time

8:30am Latin Mass: *The faithful of the parish*

10:30am Mass: *George and Jane Brookes (RIP)*

5pm Kerala Mass:

### Tue 27<sup>th</sup> Jan

6.30pm Mass: *Sarah Black (RIP)*

7pm to 7.30pm Eucharistic Adoration

### Wed 28<sup>th</sup> Jan

10am Mass: *Dead List*

10:30am Rosary

### Thu 29<sup>th</sup> Jan

6:30pm Mass: *BJ*

### Fri 30<sup>th</sup> Jan

11am – 11:45am Exposition with Confession m

12 noon Mass: *Private intention*

12:30 Mother's Prayers

### Sat 31<sup>st</sup> Jan

10am to 10:45am Confessions

6pm Mass:

## SUNDAY'S RESPONSORIAL PSALM

The Lord is my light and my salvation.

## PARISH QUIZ NIGHT 2026

Our popular parish Quiz Night  
with fish & chips supper

Saturday 31<sup>st</sup> January 2026, at 7:30pm

Only £10 per person

For more details see Rachel Kirkham

or Tel: 01234 314093.

Tickets on sale now.

All welcome.

## STANDING ORDER OFFERTORY DONATION

If you would like to make your Offertory  
donation to the parish by Standing Order  
these are the details:

Parish Account name:

**Christ the King Parish**

Sort Code: **60 06 11**

Account Number: **46714332**

## SPUC APPEAL

Many thanks for your support of the White  
Flower Appeal on behalf of SPUC. £238.59  
was given in the second collection for  
SPUC, and many of the government letter  
cards were taken.

## BEDFORD FOODBANK

Items needed by the Bedford Foodbank

Jars of Coffee,

UHT Milk,

UHT Fruit Juice,

Deodorant,

Laundry Tablets,

Bars of Chocolate,

Tinned Rice Pudding,

Tinned Meat

## THANK YOU FOR YOUR GENEROSITY

Last Week's Collections - £

Standing Orders - £170.25

## SAFEGUARDING SURVEY FOR THE YOUTH

The diocesan Safeguarding team is looking  
at how young people perceive  
safeguarding and how they receive  
information from a diocesan level.

They want to know how we can  
communicate better so if you are aged 11  
to 18, please take 5 minutes to complete a  
few questions using the link below or by  
scanning the QR code:



[Northampton Diocese Safeguarding  
Feedback 2025 - Youth – Fill in form](#)

## COME AND SEE DISCERNMENT DAY FOR MEN

Saturday 28 March

This day is intended for men exploring or  
discerning a possible call to the diocesan  
priesthood.

It offers a relaxed opportunity for prayer,  
reflection, input on priestly vocation, and  
open questions.

To register your interest or for more  
information, please contact: Fr Pius  
[vocationsdirector@northamptondiocese.org](mailto:vocationsdirector@northamptondiocese.org)

## RETRouvaille HELPS MARRIAGES

LAST CALL for online marriage  
programme.

Does your marriage need some TLC?

Need help with communication and trust?

Retrouvaille helps marriages.

It can bring hope and healing to  
relationships.

Next date: 12<sup>th</sup> February 2026.

[www.retrouvaille.org.uk](http://www.retrouvaille.org.uk)

Tel: 07887 296983

## PRAYERS FOR OUR SICK

We have decided to restart our list of  
people for prayers for those who are sick.  
If you wish somebody to join this list, please  
email Father Richard:

[frrichard.aladics@northamptondiocese.org](mailto:frrichard.aladics@northamptondiocese.org)

with their name or speak to Father  
Richard.

## LUX. BELONG

When: 13-15th February 2026

Where: Kings Park Centre, Northampton

Who: Ages 11-18 (school years 7-13)

How much: £110

If you've not heard about it before, LUX is  
our diocesan residential weekend for teens  
that happens in February every year. It's for  
those in school years 7 – 13 and is a  
weekend packed with activity. Every year  
we explore a theme through workshops,  
dramas, music, worship, Mass, prayer  
times, games, inputs, and time with  
friends. This year's theme is Belong.

Visit [nymo.org/lux-belong-2026](http://nymo.org/lux-belong-2026) / or email  
[NYMO.admin@northamptondiocese.com](mailto:NYMO.admin@northamptondiocese.com)  
to find out more.

## JOURNEY WITH JESUS THROUGH LENT

During Lent, the Pastoral Development  
Vicariate is offering the opportunity for  
online small group sessions once a week for  
6 weeks beginning w.c. 16th February.

During each weekly small group session,  
facilitators will be using St Beuno's  
Outreach Prego resources, allowing you to  
pray and reflect on Scripture for the coming  
Sunday. Within the session, there will also  
be time for silent reflection and sharing  
what spoke to you from Scripture. Sessions  
will be available on various days and times.  
To find out more information and to sign-  
up to our introductory webinar on Tuesday  
27th January, 7:30pm, visit our diocesan  
website:

<https://northamptondiocese.org/lenten-journey/>

15<sup>th</sup> January 2026

To The Congregation of Christ the King Church,

Many thanks for your continued support of Bedford Foodbank throughout 2025. The total of your donations was 263.57kg which has helped provide 628 meals to local people.

Any donations we receive, we are always very grateful for and never more so than in these current challenging times. Regular donations, such as yours, are vital to the on-going provision of food for those in our community who are in such great need. The need for help from the Food Bank continues to increase year upon year and we now regularly hand out over 1800 food parcels a month which give people enough food for 3-4 days, or around 10 meals. The monthly food leaving our warehouse is generally in the region of 16-18 tonnes, so your donation is much appreciated.

In 2025, 164177.78 Kg of food was given out, 9564 vouchers were redeemed and 19240 food parcels were handed out.

Without the support of individuals, organisations, and community groups, Bedford Foodbank could not meet the increasing need in Bedford and the surrounding villages.

Thank you once again, for your support on behalf of everyone who uses, works, or volunteers at the foodbank.

Yours sincerely,

Sarah Broughton

Operations Director

**Ending hunger together**

Bedford Foodbank is registered charity number 1179538. Registered in England & Wales