



Presbytery, Harrowden Road,
Bedford. MK42 0SP
Parish Priest: ☎ 01234 342641

Website: <https://christthekingbedford.com>

Parish Email:

parish.christthekingbedford@northamptondiocese.org

Father Richard's Email:

frrichard.aladics@northamptondiocese.org

Hall Bookings: ☎ 01372 457651

Registered Charity Number: 234091

MASSES AND INTENTIONS

24th to 31st January 2026

Sat 24th Jan

10am to 10:45am Confessions available
6pm Mass: *Private intention, JS*

Sun 25th Dec 3rd Sunday in Ordinary time

8:30am Latin Mass: *The faithful of the parish*
10:30am Mass: *George and Jane Brookes (RIP)*
5pm Kerala Mass:

Tue 27th Jan

6.30pm Mass: *Sarah Black (RIP)*
7pm to 7.30pm Eucharistic Adoration

Wed 28th Jan

10am Mass: *Dead List*
10:30am Rosary

Thu 29th Jan

6:30pm Mass: *BJ*

Fri 30th Jan

11am – 11:45am Exposition with Confession m
12 noon Mass: *Private intention*
12:30 Mother's Prayers

Sat 31st Jan

10am to 10:45am Confessions
6pm Mass:

SUNDAY'S RESPONSORIAL PSALM

The Lord is my light and my salvation.

PARISH QUIZ NIGHT 2026

Our popular parish Quiz Night
with fish & chips supper

Saturday 31st January 2026, at 7:30pm
Only £10 per person

For more details see Rachel Kirkham
or Tel: 01234 314093.
Tickets on sale now.
All welcome.

STANDING ORDER OFFERTORY DONATION

If you would like to make your Offertory
donation to the parish by Standing Order
these are the details:

Parish Account name:

Christ the King Parish

Sort Code: **60 06 11**

Account Number: **46714332**

SPUC APPEAL

Many thanks for your support of the White
Flower Appeal on behalf of SPUC. £238.59
was given in the second collection for
SPUC, and many of the government letter
cards were taken.

BEDFORD FOODBANK

Items needed by the Bedford Foodbank

Jars of Coffee,

UHT Milk,

UHT Fruit Juice,

Deodorant,

Laundry Tablets,

Bars of Chocolate,

Tinned Rice Pudding,

Tinned Meat

THANK YOU FOR YOUR GENEROSITY

Last Week's Collections - £
Standing Orders - £170.25

SAFEGUARDING SURVEY FOR THE YOUTH

The diocesan Safeguarding team is looking
at how young people perceive
safeguarding and how they receive
information from a diocesan level.

They want to know how we can
communicate better so if you are aged 11
to 18, please take 5 minutes to complete a
few questions using the link below or by
scanning the QR code:



[Northampton Diocese Safeguarding Feedback 2025 - Youth – Fill in form](#)

COME AND SEE DISCERNMENT DAY FOR MEN

Saturday 28 March

This day is intended for men exploring or
discerning a possible call to the diocesan
priesthood.

It offers a relaxed opportunity for prayer,
reflection, input on priestly vocation, and
open questions.

To register your interest or for more
information, please contact: Fr Pius
vocationsdirector@northamptondiocese.org

RETROUVAILLE HELPS MARRIAGES

LAST CALL for online marriage
programme.

Does your marriage need some TLC?
Need help with communication and trust?
Retrouvaille helps marriages.

It can bring hope and healing to
relationships.

Next date: 12th February 2026.

www.retrouvaille.org.uk

Tel: 07887 296983

PRAYERS FOR OUR SICK

We have decided to restart our list of
people for prayers for those who are sick.
If you wish somebody to join this list, please
email Father Richard:
frrichard.aladics@northamptondiocese.org
with their name or speak to Father
Richard.

LUX. BELONG

When: 13-15th February 2026

Where: Kings Park Centre, Northampton

Who: Ages 11-18 (school years 7-13)

How much: £110

If you've not heard about it before, LUX is
our diocesan residential weekend for teens
that happens in February every year. It's for
those in school years 7 – 13 and is a
weekend packed with activity. Every year
we explore a theme through workshops,
dramas, music, worship, Mass, prayer
times, games, inputs, and time with
friends. This year's theme is Belong.
Visit nymo.org/lux-belong-2026 / or email
NYMO.admin@northamptondiocese.com
to find out more.

JOURNEY WITH JESUS THROUGH LENT

During Lent, the Pastoral Development
Vicariate is offering the opportunity for
online small group sessions once a week for
6 weeks beginning w.c. 16th February.

During each weekly small group session,
facilitators will be using St Beuno's
Outreach Prego resources, allowing you to
pray and reflect on Scripture for the coming
Sunday. Within the session, there will also
be time for silent reflection and sharing
what spoke to you from Scripture. Sessions
will be available on various days and times.
To find out more information and to sign-
up to our introductory webinar on Tuesday
27th January, 7:30pm, visit our diocesan
website:
<https://northamptondiocese.org/lenten-journey/>

15th January 2026

To The Congregation of Christ the King Church,

Many thanks for your continued support of Bedford Foodbank throughout 2025. The total of your donations was 263.57kg which has helped provide 628 meals to local people.

Any donations we receive, we are always very grateful for and never more so than in these current challenging times. Regular donations, such as yours, are vital to the on-going provision of food for those in our community who are in such great need. The need for help from the Food Bank continues to increase year upon year and we now regularly hand out over 1800 food parcels a month which give people enough food for 3-4 days, or around 10 meals. The monthly food leaving our warehouse is generally in the region of 16-18 tonnes, so your donation is much appreciated.

In 2025, 164177.78 Kg of food was given out, 9564 vouchers were redeemed and 19240 food parcels were handed out.

Without the support of individuals, organisations, and community groups, Bedford Foodbank could not meet the increasing need in Bedford and the surrounding villages.

Thank you once again, for your support on behalf of everyone who uses, works, or volunteers at the foodbank.

Yours sincerely,

Sarah Broughton

Operations Director

Ending hunger together

Bedford Foodbank is registered charity number 1179538. Registered in England & Wales