Parish of Christ the King

Sunday 4th September 2022

My dear Brothers and Sisters, I pray that this message finds you well and peaceful. Please I would like to invite you to reflect on the following life antidotes.

Life Antidotes!!

What is Life? The only problem with Life is just this, most human beings have taken themselves too seriously. They don't understand (you may have noticed a pop up from your computer screen?) that we are a 'pop up' on this planet.

We 'pop up' for a short while and 'pop out'. We must remember that countless number of people like you and me have walked this planet. Now, where are they ? Top soil surely, except if some of your friends decided to bury you real deep into the earth, fearing that you may rise from the dead.

My dear brothers and sisters, listen, life is short, we don't know when we will leave this planet, but it doesn't matter how long we live in this life, what matters the most is how we lived our lives, therefore, be kind, be generous, and be humble, because it does adds value to your life.

With the above message in mind, let me suggest 3 Things you should do to live a peaceful life:

1. Do not let other's words to ruin your peace.

2. See the good in Everyone and Everything.

3. Fall in love with Silence and Stillness.

As I wish you peace and God's protection, may the intercession of our Blessed mother Mary accompany you always, Amen.

Yours Affectionately,
Father Nicholas Nwanzi.