



Sunday 3rd April 2022

My dearest brothers and sisters,

Greetings to you and your families this fifth week of Lent. I trust and pray that your Lenten journey is progressing and that you are reaping benefits of this special time of grace. This week we have witnessed more unsettling news in the press from the continuing bloodshed in the Ukraine, Hollywood actors being less than respectful in public, free Covid tests being removed, the continuing cost of living crisis and the onset of wintery weather to name but a few. It surely has been a mixed bag of messages and no doubt we have our own thoughts about these issues.

In trying to make sense of this, I discovered a short story that put this into context.

The Two Wolves

An old Cherokee chief sat down to teach his grandson about life.

“There’s a fight going on inside me,” he tells the young boy, “a fight between two wolves.”

“One wolf is evil. It’s full of malice, anger, greed, self-pity and false pride. The other is good. It’s full of peace, love, joy, kindness, and humility.”

“This same fight is going on inside you and everyone else on the face of the earth.”

The grandson was quiet, pondering this revelation for a moment before asking, “Grandfather, which wolf will win?”

The old man smiled and replied, “The one you feed.”

Moral of the story:

Good and evil exist within each of us. It’s our responsibility to own that reality and do whatever we can to nurture the good.

This week my brothers and sisters, try look beyond what you are presented at face value. Feed the good and starve the bad. Everything is indeed in your hands. Walk humbly with God and may the fragrance of his presence remain with you always.

I wish you and your families a blessed and peaceful week ahead.

Yours affectionately,

Rev Fr Nicholas Nwanzi